Long Sands Beach: Recognized as one of the top 10 Visitor Attraction Worldwide in 2020 (TripAdvisor Travellers’ Choice Awards)
- Tynemouth Market (Saturday and Sunday)
- Local shops & restaurants
- Water sports (paddle-boarding and surfing hire)
- Tynemouth Priory and Castle

Whitley Bay
- Local shops, art galleries & restaurants
- Beach
- Arcades
- Spanish City
- St. Mary’s Lighthouse

Durham
- Durham Cathedral
- Historic Market Town
- Local Shops and Restaurants
- Picturesque River Walks
- Beamish Open Air Museum

South Shields
- Ocean Beach Pleasure Park
- Arbeia, South Shields Roman Fort
- The Word, National Centre for the Written Word

All within a 30-minute Metro journey from Manors Metro Station.